Four Gates to Peak Team Performance® the brain-based approach to creating great teams





Teamwork is the most powerful asset you have—are you maximizing it?

Teams power more and more of today's work around the world. According to one study, 86% of employees and executives cite lack of effective teamwork and collaboration as the source of workplace failures.

Recent discoveries in neuroscience illuminate what differentiates high-performing teams from the rest. Learn how safety, inclusion, purpose, and belonging create the necessary conditions for true collaboration and team excellence.

This ground-breaking approach will give your participants new tools and strategies they can implement immediately to consistently create peak-performing teams. Unleash the power of great teams across your entire organization.

During this engaging learning experience, participants will discover:

The Paths of Team Development

Teams take one of three paths: a leap to excellence, a journey to sufficient but unexceptional performance, or a spiral into dysfunction and learned helplessness. Discover the elements that determine their trajectory.

Psychological Safety and Inclusion

Study after study shows that psychological safety is the key differentiator of high-performing teams. Learn how to assess and create psychological safety as well as increase belonging and inclusion.

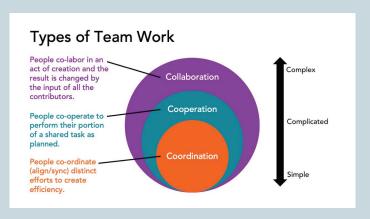
Types of Team Work

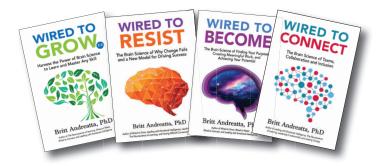
Every day, teams are asked to move along the continuum of coordination, cooperation, and collaboration. Explore the crucial differences between them and the necessary skills to be successful at each.

Brain Science of Teams

While people are biologically wired to connect with others, critical conditions must be met in order to drive peak performance at work. Discover how to create what scientists call neural synchrony and rhythm of team, the hallmark of peak-performing teams.







Based on the best-selling book, Wired to Connect

by Dr. Britt Andreatta, an internationally recognized thought leader with over 10 million views of her learning programs worldwide.

Learn more at BrainAwareTraining.com

Learn how to bring out the best in your teams and groups!



Our team performance solutions:

Engaging Training

Our training programs will upskill people at all levels of your organization, from the C-suite to the front line. We can deliver in-person, virtual, and hybrid options to maximize your time and budget.

Consulting & Advisory Services

Led by 2024 Thought Leader of the Year, Dr. Britt Andreatta, our team has deep experience and expertise in team and talent development. We'll partner with you to create a culture of collaboration by helping you align your practices and policies.

Scalable Change Management Support

To ensure the scalability and longevity of your success, we offer the option to certify your inhouse trainers. This allows you to create great teams across every function and keep pace as you grow.

Licensing Solutions

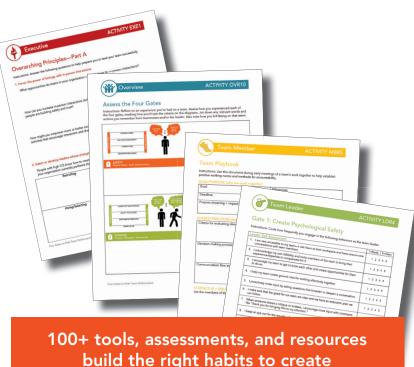
We offer the option to license elements of our research and intellectual property to use in your own programs. You can tailor content to meet the unique needs of your organization.

Speaking Services

Dr. Andreatta's engaging keynotes and executive sessions inspire audiences to action. Maximize your organization's team performance today!

What sets this teams approach apart?

- Science-based solution to drive team excellence and peak performance across all kinds of industries.
- Can be used to build great teams or enhance current productivity, collaboration, and inclusion.
- Creates a shared language and approach to building high-performing teams across all functions and levels.
- Your teams gain proven tools and strategies they can immediately apply—all are 100% customizable to your context and culture.
- Award-winning program that consistently earns 90+ NPS scores.



sustained behavior change!



What Our Clients Are Saying:

"Best session! My biggest takeaway was the criteria within the four gates, especially psychological safety. I'm on a project now that has had a complete breakdown of trust. After this session, I went back and implemented the tools. and had some crucial conversations. We've seen some improvement!" Manager, DPR Construction

"I've done the 'required' management and leadership training at a number of companies from small startups to giants in the enterprise space—including Microsoft and Cisco—and without a doubt the training that Britt Andreatta has created has been the most engaging and useful of all." Tim Ahlers, Avvo Legal