



## Wired to Connect: The Neuroscience of Teams

Teams power more and more of today's work. In fact, nearly 90% of today's workers say that they spend one-third to one-half of each day working in teams. Yet 86% of employees and executives cite lack of effective teamwork and collaboration as the source of workplace failures. Add the challenge of remote teams and cross cultural communication, and it is no surprise that teams can make or break the competitive advantage of any organization. Recent discoveries in neuroscience illuminate how we can build better and more effective teams.

In this interactive session, Dr. Britt Andreatta will share the latest research about the brain, and how to harness human biology to enhance collaboration, trust, productivity, and why meaningful metrics of inclusion stem from working in groups. Britt will provide key principles for maximizing the brain's capacity to work effectively in teams and creating psychological safety.

In this session, you will:

- Learn how certain brain structures are activated when we work in teams
- Discover how you can help your talent work most effectively in teams, enhancing collaboration and engagement
- Explore how metrics of inclusion and psychological safety are based on teams
- Identify ways to intentionally increase the effectiveness of all teams in your organization

This 75-minute keynote includes three 5-minute discussions where participants apply the concepts and model to teams in their work environments. With 90-minutes, this keynote can be customized to include some high-level information on how to create effective team training and team building activities.

With 120-minutes or more, participants can be guided through deeper level analysis and application or you can choose additional content/research from Britt's catalogue including the following topics:

- *Wired to Grow: The Neuroscience of Learning*
- *Wired to Resist: The Neuroscience of Change*
- *Cracking the Code: How Org Growth and Consciousness Shape Talent Development*
- *Create a Growth Culture and Unlock Your Organization's Potential*
- *The Future of Learning: New Developments in Learning and Talent Development*
- *More...*