

# TOUCH SOMEONE WHO...

Put people in a circle facing outwards, shoulder to shoulder, eyes closed. This is a silent exercise and it's also a trust exercise so people should touch others respectfully and appropriately. Depending upon numbers, put 3-5 folks (volunteers) in the middle of the circle and then ask the 3 questions. After that, ask for new volunteers to raise their hands, if their shoulder is touched, then they go into the circle (the original 3-5 then join the circle. And so on.

Some questions are repeated because it helps with the flow. You can switch off who reads the questions, but I'd recommend only two readers as it can get confusing. As a facilitator, keep an eye out to make sure everyone gets touched at least a couple of times. You may need to improvise some questions to be sure certain folks get touched or you can have people step out of the circle once they have been touched three times.

Touch someone who...

1. you learned something from
2. you are glad you met
3. makes the world a better place
  
4. you respect
5. you would go to for advice about a problem
6. made you see a different point of view
  
7. made you think
8. inspired you to work harder
9. helped you this term
  
10. you look forward to seeing next term
11. you're sorry you won't have class with anymore
12. made you smile
  
13. you would like to stay in contact with
14. made you understand a new point of view
15. you learned something from
  
16. made you laugh
17. always had something positive to say
18. made you see a different point of view
  
19. who you saw help someone
20. worked really hard this quarter
21. you appreciate & respect
22. was real

23. you would like to stay in touch with
24. you are glad you met
25. you think you could learn from
26. touch someone who touched you