

Three Truths and a Lie

Split the class into teams of four. Each member of each team will be sharing *one* thing about him/herself, and it is up to each team to decide who will tell the truth and who will lie. **Of the four members of each team, three members must tell the truth and one must lie.** Each person can decide what he or she wants to say about him/herself (for example, “There are seven children in my family,” or “I am the mascot for the local sandwich shop,” or “my ex-boyfriend is Matt Damon,” etc...).

Once each team has decided who will say what, the team will stand up and say their statements to the rest of the class. Have each person repeat his or her statement for better memory. Then, the other teams will get a chance to “vote” for which person they think is lying. After the class has voted, each member of the team tells the story behind their truth (or lie). This part can get pretty funny as you learn some interesting things about everyone. Continue until all teams have shared.

If you want to make it into a competition, the team that gets the most points “wins” at the end. Otherwise, it can just be for fun.

Another option is, instead of grouping the class into teams, you can have each person think of three truths and a lie about him/herself, and then go around the room and share individually. This can be just as funny, but you have to give the class a little time to think about what they’re going to say. Encourage them to pick a lie that isn’t preposterous, since that makes it too easy. At least one of their *truths* should ideally be something unusual about themselves... something that would give others a reason to say, “hmmm, that must be a lie!”